A Ghana Case study of Madam E.O.

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Client Information:
- Age: 36 years
- Two pregnancies, no vaginal births. Successfully experienced cycles of conception and being pregnant.
- Underwent surgery (c-section) with the indication of being an older pregnant woman with prolonged infertility, previous laparotomy and bladder repair.
- Patient suffered a bladder injury during surgery, which was eventually repaired. Though repaired, client developed urinary incontinence.

There is an ecology of bad ideas, just as there is an ecology of weeds, and it is characteristic of the system that basic error propagate itself. It branches out like a rooted parasite through the tissue of life and everything gets into a rather peculiar mess.

Gregory Bateson

The Whole Woman knowledge gave me the opportunity to help Madam E.O. of Accra successfully manage her urinary incontinence issues, which had made life rather uncomfortable for her.

A lot of people have the myth that urinary incontinence is normal after childbirth and as we age. The fact is that it is common but it’s not normal and can be treated.

Although there are many causes of urinary incontinence, from instability of the bladder muscle to neurological; surgeries performed attempt to relieve symptoms of stress urinary incontinence. Over one hundred surgical procedures have been used to treat the symptoms of stress incontinence. No ideal method has ever been found and all procedures are said to have a failure rate of between 15% and 50%. Female Urinary Incontinence affects up to 38% of women and despite the extent of this problem, there have been few advances in the treatment disorder.

Christine Kent

This client had Urinary Incontinence reversed using the Whole Woman way as well as undergoing bladder training under a step by step guidance that I provided. She was referred by an obstetric gynaecologist who believed in the Whole Woman body of knowledge. She now has control over her bladder and she doesn’t have to go through such embarrassing situations.

“I am truly grateful for making life meaningful once more” – Madam E.O.
In conclusion, use of the Whole Woman approach to identify and manage Urinary Incontinence is a valuable tool. Here, we describe the specific steps to facilitate proper bladder control.

**Acknowledgement**

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**References**

1. Kent, Christine Ann *Saving the Whole Woman*
2. Bateson, Gregory *Steps towards an ecology of mind*